

*“Annie Vernon gave a wonderfully well-received speech at the 150<sup>th</sup> Anniversary of our boat club. This was a truly important occasion for the club. We knew we needed to provide a special evening and that Annie would be the speaker to do so. Her easy but assured ability to communicate inspired the audience. Her amazing sporting achievements alone are impressive to any audience but her observations and reflections on the more transferable skills she has honed in her career such as teamwork, leadership, time and pressure management made for a great speech. The audience found her not only entertaining but also highly informative.”*

**Gabrielle Bennett**  
**Development Director and Fellow, Downing College,**  
**Cambridge University.**