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10th December 2014

To whom it may concern,

Annie Vernon is an inspirational yet down to earth young woman who has always made sure that she stays loyal to her roots here in Cornwall.

Annie has been our 'Tame Olympian' and numerous children have followed her career. It is down to her that St. Breock has 'grown' a county champion in Junior Indoor Rowing, that the school has four indoor rowing machines, compete both intra and inter school and attend as 'guests' at the Plymouth Indoor Rowing Championships every year.

When Annie's training schedule has allowed her to be in Cornwall she has always given freely of her time to talk to children in a most humble yet inspiring manner. She is really eager to portray that she is just an 'ordinary' girl who has realised a dream through undoubted talent but also exceptional hard work. She makes it clear to children that everyone can achieve and enjoy setting and reaching personal goals whatever they may be. Annie talks very honestly about dealing with not being first and the determination and sacrifice needed to make it so.

The school maintained close links with Annie from Beijing to London and was able to send good luck messages and have a number of Skype conversations with her.

I am aware that Annie wishes to give back to sport and young people and I consider her extremely well placed to do this. I trust you will give Annie some consideration at your earliest convenience. These fine athletes have a habit of slipping through ones fingers if you aren't quick off the mark!

Yours faithfully,

Denise Gladwell
Headteacher